

*allurethai*  
DAY SPA  
Relax | De-Stress | Unwind



TIME SQUARE  
RESORT & SPA  
BHUJ

# Secrets of Relaxation



# Sudarshan Chikitsa

## **HOT STONE THERAPY**

A session that promotes deep muscle relaxation through the placement of smooth water heated basalt stones.

## **POTLI THERAPY**

Herb infused potli reducing stiffness and soreness that accompanies illness like spondylosis, frozen shoulder arthritis. It helps in rejuvenating all your body functions.

## **LULUR JAVANESE BODY SPA**

It's a traditional beauty ritual body polishing treatment which helps in purifying the skin and cell regeneration by using traditional spices, virgin coconut oil and yoghurt.

## **CLEOPATRA BODY POLISH**

It's a royal beauty ritual which tightens skin complexion, tightens the pores & stimulates collagen production. It's a great anti-microbial and anti-aging polishing formula.

## **ABHYANGA THERAPY**

Warm ayurvedic oil is applied to the entire body using long, rhythmic strokes. The special techniques stimulate energy points & release blockages, helping to balance body and mind.

## **SNEHANAM THERAPY**

Primary benefits of four hand massage is to give a heightened stage of relaxation & release stress throughout the body.

**TIME** **RATE**

**90 MIN** **5499**

**120 MIN** **7399**

**90 MIN** **5499**

**120 MIN** **7399**

**90 MIN** **6999**

**90 MIN** **6999**

**90 MIN** **4999**

**120 MIN** **7499**

**90 MIN** **7599**

**120 MIN** **10199**

### **PIZHICHIL**

It's a warm medicated oil bath which helps in enhancing immunity and lifespan as it helps in many ailments like arthritis & neurological disorders.

**90 MIN 9999**  
**120 MIN 12499**

**COFFEE BODY POLISH & TONING** Raw coffee body polish infused with grounded arabica coffee to rejuvenate your skin & relax your senses. It reduces the appearance of cellulite and stretch mark.

**90 MIN 5999**

### **FRUIT BODY POLISH & TONING**

Enzyme presents in fruits act as a gentle exfoliant which unveils a brighter complexion & promotes healthy cell turnover.

**90 MIN 5999**

### **CANDLE OIL MASSAGE**

The warm aromatic oil makes your skin soft, supple and glowing. Burning can center your mind and allow you to feel calmer.

**90 MIN 6499**  
**120 MIN 8499**

### **ALLURE SIGNATURE MASSAGE**

It includes revitalising scrub which helps in exfoliating the skin deeply followed by a combination massage which is defined in a four ritual way.

**90 MIN 6500**  
**120 MIN 7500**

### **COUPLE MASSAGE**

We avail luxurious & calming serene experience for couples which soothe their body & soul. It incorporates various techniques to promote relaxation, relieve tension & enhanced overall wellbeing.

**60 MIN 6000**  
**90 MIN 7500**  
**120 MIN 9500**



# Holistic Healing Therapy

Holistic massage therapy is an individual treatment that is specifically tailored to each client with custom blend of essential oils which benefits their mental, physical and spiritual well being. We incorporate various other relaxation techniques to truly enable you to deeply relax and revive.



## TRANQUILITY ESSENTIAL OIL THERAPY

Recommended-For anxiety & stress disorders

**Duration 90 mins | 6000/- Only**

**Lemon grass lavender**

A blend of lemon grass and lavender oil has anxiety reducing effect. It promotes the feeling of contentment and reassurance, helping you feel more at ease and bringing about a sense of well being when anxious feelings try to overwhelm your emotions.



## ORIENTAL BOTANICAL THERAPY

Recommended-For acute insomnia, heart disease and chronic illness **Essential oil-ylang ylang eucalyptus**

**Duration 90 mins | 6000/- Only**

Only A popular East Asian ylang ylang oil is antidepressant, hypotensive and has sedative properties. It improves heart health, induces good sleep and reduces stress.



## AWAKE ENERGIZING THERAPY

Recommended-Lethargic and stress disorders.

**Duration 90 mins | 6000/- Only**

**Essential oil-Rosemary pepper mint sweet basil**

This therapy overall increases your energy levels. These blend of oils can quickly calm you down and soothe your ragged nerves and then lift you up and helps to refocus your mind



## BODY PAIN RELIEF THERAPY

Recommended-For body pain & inflammation.

**Duration -90 mins | 6000/- Only**

**Essential-Eucalyptus clove oil chamomile oil ginger oil**

This therapy will soothe sore muscles thus reducing pain and inflammation. Therapy will also help soothe muscle tension and reduces spasm.



## ALLURE'S SIGNATURE DETOX THERAPY

Recommended-Low immune system & chronic illness

**Duration 90 mins | 6000/- Only**

Detox massage is designed to help rid the body toxin and promotes overall physical & mental well being. It improves digestive system and boost your immune system

# Massage



## SWEDISH MASSAGE

A popular general massage system with long gliding strokes for relaxation

## DEEP TISSUE MASSAGE

A deeper pressure is beneficial in relaxation of chronic muscle tension of the body.

## BALINESE MASSAGE

A combination of gentle stretches, acupressure, Reflexology & aroma therapy stimulate the flow of Blood bringing a sense of calm & well being.

## AROMA THERAPY MASSAGE

This holistic treatment has a profound impact on body, Mind & spirit experience the deep state of relaxation with powerful combination of essential oils.

## THAI DRY MASSAGE

It involves a combination of acupressure, stretching, and deep compression dry massage performed by yoga shiatsu techniques

TIME	RATE
60 MIN	2500
90 MIN	3500
120 MIN	4500
60 MIN	3000
90 MIN	3800
120 MIN	5000
60 MIN	3000
90 MIN	3800
120 MIN	5000
60 MIN	2500
90 MIN	3500
120 MIN	4500
60 MIN	3000

# Body Treatments

RATE

## FULL BACK POLISHING

A sweet sour bitter therapy which enhances skin texture Lightening the tan & resulting into soft smooth touch.

**3500**

## BODY POLISHING

A relaxing spa experience that takes you on an unforgettable Journey which includes deep pore cleansing, exfoliation Followed by lemon butter massage a whitening mud mask.

**7500**



### **COFFEE EXFOUER SCRUB**

It helps in reducing inflammation and prevents premature aging It exfoliates the skin deeply & depuff swollen areas

**4500**

### **AQUA MINERAL SCRUB**

Sea minerals buffs away dead skin cells, dirt and Impurities. Sea minerals intensely moisturise and ensure that skin always has a palpable glow

**4500**

### **BODY WRAP (FOR DETOXIFICATION)**

It helps to remove toxins from body and relieve stress and tension If helps in tightening the skin & reduces cellulite.

**4500**

**4500**





# Body Detox Package

REJUVENATING BODY SCRUB+ DETOX BODY WRAP

90 MIN

5500

BALINESE MASSAGE +BODY WRAP\ BODY SCRUB

90 MIN

5500

DEEP TISSUE MASSAGE +BODY SCRUB/BODY WRAP

90 MIN

5500

AROMATHERAPY +BODY WRAP\BODY SCRUB

90 MIN

5500

# Top To Toe Packages

RADIANCE REVIVAL

Swedish+aromatherapy(60mins)

2.5 HOURS

5499

LUXURY INDULGENCE

Balinese+deep tissue massage (60mins)

2HR 45 MINS

6799

CELEBRITY REVIVE

Holistic massage +1 free gift voucher

3.5 HOURS

9699



# Foot Rituals

## FOOT SCRUB

It helps to relieve tired and achy feet. It removes and exfoliate dry, rough areas of your feet.

## JAPANESE FOOT REFLEXOLOGY

## FOOT MASSAGE

TIME

RATE

15 MIN

700

30 MIN

1000

15 MIN

800

30 MIN

1500

# Head, Back & Neck Massage

## BACK & NECK MASSAGE

15 MIN

700

30 MIN

1500

45 MIN

2000

## SHIRISHVISHRANTI

15 MIN

600

30 MIN

1200



# allurethai

DAY SPA

Relax | De-Stress | Unwind



Allure Thai Spa & Wellness



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Allure Thai Spa

ANDHERI | BORIVALI | POWAI | MULUND | KHARGHAR  
THANE | SEAWOODS | PALGHAR | BOISAR | BHUJ

For Booking & Inquiry

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